## PROFESSIONAL GROWTH BOOKS 2020-2021

The North American Division Office of Education is happy to bring you the annual listing of the Professional Growth Books. Some of these books are written by non-Adventist authors and, therefore, may not fully reflect Seventh-day Adventist philosophy. However, we believe there is value in these books which have been selected to inspire, bring insight, and challenge your thinking.

To secure a Professional Growth Certificate for the 2020-2021 school year, you should read the four issues of the *Journal of Adventist Education*, at least one book from Group B, and at least four additional books from two or more other headings. Some books may have been listed under two headings and will count for either group. One book of your choice, which could be classified under any of these headings, may be substituted for a book on this list.

### **GROUP A – READER'S CHOICE**

**Learner-Centered Innovation**, Katie Martin, *IMPress, a division of Dave Burgess Consulting, Inc.*, 2018, 341 pages

Soft-cover \$22.76

Amazon \$22.76

This book addresses the needs of learners during this informational age of Google. With just the click of a button, many sources answer the array of student inquiries. However, with Google becoming the primary means of acquiring knowledge, there is some loss of opportunity for true growth and development in innovation and creativity. Martin suggests that teachers now must foster a culture of innovation through specially designed curricula. He vividly describes the process of sparking student curiosity to unleash innovation.

**Teach Boldly: Using Edtech for Social Good**, Jennifer Williams, *International Society for Technology in Education*, 2019, 199 pages

Soft-cover \$27.19

Amazon \$27.19

Technology seems to be either a boon or a bust in the classroom, but can it be used for pedagogical good? Williams offers practical tools and resources to help teachers create lessons that encourage students to use social media to invoke positive change. The book describes innovative practices that also teach concepts of global collaboration.



Page 1 of 10 2020-2021

### GROUP B – DEVOTIONAL AND SPIRITUAL GROWTH

**Counsels to Parents, Teachers, and Students Regarding Christian Education**, Ellen G. White, *Pacific Press Publishing Association*, 2011, 575 pages

Hard-cover \$19.99

Amazon \$19.99

Counsels to Parents, Teachers, and Students outlines the guiding principles necessary for leading children to a path of service to God through Christian education. Ellen White describes the little attention that has been paid to the children and youth of the church, thereby stunting healthy development for a life of service. God has entrusted parents and teachers with the responsibility of leading students toward Christ-led education, recreation, and career paths and maintaining a life of service and leadership.

It's Not Supposed to Be This Way: Finding Unexpected Strength When Disappointments Leave You Shattered, Lysa Terkeurst, *Nelson Books*, 2018, 264 pages

Hard-cover \$24.99

Amazon \$12.46

Sometimes life throws unexpected curve balls that shatter us and leave us questioning God's goodness. However, God's story for our lives is always greater than anything that we might expect. Lysa Terkeurst invites readers along her journey with God that includes disappointment, loss, faith, and strength. While disappointments may seem permanent at the time, God always has a bigger plan.

### GROUP C - SDA CHURCH HISTORY

**The Apocalyptic Vision and the Neutering of Adventism**, George Knight, *Review and Herald Publishing Association*, 2009, 107 pages

Soft-cover \$10.99

Amazon \$6.15

According to George Knight, a retired professor of theology at Andrews University, Christ is being 'neutered' out of the Adventist message and its message regarding the apocalypse. The focus of the message has been shifted to the beast and details of the event as opposed to Christ's saving grace, causing some to abandon the message. Knight offers a very interesting yet brief look into the history of the Adventist message and how it can be repackaged for the 21st century.



Page 2 of 10 2020-2021

A Passion for Mission, D.J.B. Trim, Newbold Academic Press, 2019, 461 pages

Soft-cover \$20.90

Amazon \$20.90

This book details the 90-year history of the Trans-European Division, starting with its beginnings as part of the European Division of the General Conference of Seventh-day Adventists. Trim chronicles the life of the conference, including key leaders in missionary work from that part of the world.

### **GROUP D – BACKGROUND FOR TEACHING**

**Childhood and Nature: Design Principles for Educators**, David Sobel, *Stenhouse Publishers*, 2008, 168 pages

Soft-cover \$26.67

Amazon \$26.67

David Sobel explores the utilization of the community and nature to teach and reinforce academic concepts taught to students of all ages. This book offers creative curriculums and lessons of "place-based education" that tie learning concepts to their community and how to care for the environments that house the community. Studying the water cycle, is taught using "place-based instruction" by studying a near-by creek or stream.

**Understanding the Danish Forest School Approach: Early Years Education in Practice**, by Jane Williams-Siegfredsen, *Routledge*, 2017, 112 pages

Soft-cover \$42.95

Amazon \$34.34

This book is for teachers interested in using the outdoors to enhance a child's learning and development. It highlights the theory, practice, and pedagogy of the Danish Forest School Approach to early childhood education. Using real-life examples and suggested key points, readers acquire the necessary tools to implement the outdoors into their teaching.

**Understanding Multiage Education**, Sandra J. Stone and Kathleen G. Burriss, *Routledge*, 2019, 296 pages

Soft-cover \$49.95

Amazon \$49.95

Multiage learning is described by the author as an approach which distinguishes a difference between a curriculum-centered and a child-centered learning environment. The approach invites educators, policymakers, and parents to assess the efficacy of the grade-centered programs currently applied. Multiage education guides educational leaders toward



Page 3 of 10 2020-2021

implementing less focus on grades and more focus on the individual achievement of student academic goals.

### GROUP E - TEACHER'S PERSONAL GROWTH

**Teach Better,** Chad Ostrowski, Tiffany Ott, Rae Hughart, and Jeff Gargas, *Dave Burgess Consulting, Inc.*, 2019, 159 pages

Soft-cover \$24.95

Amazon \$19.71

All things that are "good" can be "better," and the things considered "best" usually achieved that status based on comparisons to external sources. "Better" allows for endless growth and improvement. Teaching better is a mindset that encourages constant and purposeful commitment to being better than yourself. Each teaching day will be better than yesterday, and tomorrow will be a better teaching day than today.

**Thanks! How Practicing Gratitude Can Make You Happier**, Robert Emmons, *First Houghton Mifflin*, 2008, 244 pages

Soft-cover \$15.99

Amazon \$9.76

Emmons takes the reader on a journey of discovery through the science of gratitude. Created as a body of knowledge and a research agenda for a small conference, the author encourages and instructs the reader on how to increase the capacity for gratitude. Readers also learn the emotional and behavioral benefits of practicing daily gratitude.

## **GROUP F - TEACHING AND LEARNING**

**Classroom Exercises for Entrepreneurship: A Cross-Disciplinary Approach,** James D. Hart, *Edward Elgar Publishing*, 2018, 309 pages

Soft-cover \$55.00

Amazon \$44.58

At the core of entrepreneurship are creativity and innovation. Therefore, the "stand and lecture" method of teaching is not the most engaging and effective method of teaching this field of study. This guide to teaching presents sixty-five exercises that encourage students and instructors to embrace the uncertainty of creativity. This freedom assists future entrepreneurs in creating ideas and transforming them into plans of action.



Page 4 of 10 2020-2021

Innovate Inside the Box: Empowering Learners Through UDL and the Innovator's Mindset, George Couros and Katie Novak, *IMpress*, 2019, 263 pages

Soft-cover \$26.95 Amazon \$26.95

This continuation of Couros' first book, *The Innovator's Mindset*, eliminates innovation as being out of the box. Implementing this mindset in conjunction with the standard of the Universal Design for Learning (UDL) removes the boundaries of "the box" and makes innovation the baseline for learning. The possibilities become endless and students are presented with the license to be creative and innovative inside the box.

The Innovator's Mindset: Empower Learning, Unleash Talent, and Lead a Culture of Creativity, George Couros, *Dave Burgess Consulting, Inc.*, 2015, 237 pages

Soft-cover \$20.04 Amazon \$20.04

Author, George Couros, seeks to empower readers to make the most of the learning environment by leading a culture of creativity. The flexibility of the traditional scheduled curriculum allows teachers, students, and educational leaders the opportunity to explore the natural curiosities that unleash talents. This mindset inspires innovation and creativity and encourages critical thinking from students.

**Learning with Nature**, by Marina Robb, Victoria Mew, and Anna Richardson, *Green Books*, 2015, 206 pages

Soft-cover \$29.99 Amazon \$18.99

Children now spend more time on technology in the home than outside playing. The authors hope to encourage learning about nature and the environment through fun games while getting more young people out into the wild. This book describes several outdoor games and activities for young learners. The activities include several pedagogical topics and range in age appropriateness from as low as age three.

Messy Maths: A Playful, Outdoor Approach for Early Years, Juliet Robertson, *Independent Thinking Press*, 2017, 242 pages

Soft-cover \$24.67 Amazon \$21.83

Children are explorative and curious, and the outdoors offers a natural playground to support those bursting curiosities. Mathematical ideas are less challenging to understand when



Page 5 of 10 2020-2021

connecting to outdoor patterns, textures, and colors. The activities in this book assist teachers in embedding math activities into all outdoor routines, therefore making math a part of play.

Rigor is Not a Four-Letter Word, Barbara Blackburn, Routledge, 2018, 164 pages

Soft-cover N/A

Amazon \$34.57

New to the teaching profession and want to find more ways to challenge your students? A wily veteran looking to engage more student thought? This book serves as a guide for increasing rigor within any classroom for any learner. Blackburn takes the reader on a carefully guided journey towards creating a rigorous classroom environment while dispelling common myths.

**Teach Like Finland: 33 Simple Strategies for Joyful Classrooms**, by Timothy D. Walker, *W. W. Norton & Company*, 2017, 210 pages

Hard-cover \$25.95

Amazon \$17.99

Five key elements represent the standard classroom and educational institution in Finland. 1) Early childhood curriculum includes all subjects, allowing students to discover and cultivate various aspects of their personalities and talents; 2) All teachers acquire extensive education in child psychology and pedagogy; 3) Educators take responsibility to ensure the health and wellness of the child's home support academic success; 4) Administrative leaders are also qualified and sometimes active teachers in the school; and 5) Extracurricular activities and organizations are maintained, as the time out of school affects the time spent in school. If these elements are adopted and implemented, other countries should expect a similar impact in their learning environments.

A Teacher's Guide to Standards-Based Learning, Tammy Heflebower, Jan K. Hoegh, Philip B. Warrick, & Jeff Flygare, *Marzano Research*, 2019, 160 pages

Soft-cover \$18.41

Amazon \$18.41

Due to government policy (both local and national), the educational trend is shifting towards standardized and research-based teaching. The authors provide a thorough organizational technique for incorporating standards-based learning in the classroom. Each chapter is dedicated to specific steps of this process, starting with lesson development and ending with ways to communicate grades to both students and parents. Daily practice of these techniques leads to enhanced educational development for students and parental support.



Page 6 of 10 2020-2021

### GROUP G - UNDERSTANDING STUDENTS

Anxiety and Depression in the Classroom: A Teacher's Guide to Fostering Self-regulation in Young Students, Nadja Reilly, W. W. Norton & Company, 2015, 356 pages

Soft-cover \$21.95

Amazon \$18.29

Anxiety and depression are common yet complex to detect in young students, creating undesired distractions for the students. At the core of successful academic functioning is self-regulation, which allows students to balance the interaction of emotional and environmental influences. Nadja Reilly bridges research and application in this handbook of effective strategies that will aid teachers in assessing and nourishing emotional wellness in the classroom.

Managing the Madness: A Practical Guide to Understanding Young Adolescents & Classroom Management, Jack Berckemeyer, *Association for Middle Level Education*, 2018, 181 pages

Soft-cover \$24.99

Amazon \$24.99

Berckemeyer presents a method of classroom management that first requires teachers getting to know the students they serve. This guide includes various seating charts, classroom diagrams, and self-reflecting inventories, all designed to improve classroom management. The book also highlights several instructional strategies for avoiding classroom disruptions.

**Personal & Authentic: Designing Learning Experiences that Impact a Lifetime**, Thomas C. Murray, *IMPress, a division of Dave Burgess Consulting, Inc.*, 2019, 195 pages

Soft-cover \$19.71

Amazon \$19.71

High-stakes testing has been the overwhelming focus in educations in most recent years. As a result, more educators are searching for the most effective ways of reaching and teaching students of all backgrounds. This book presents the idea of achieving this goal through the personalization of learning. Murray expresses the need to get to know yourself as a teacher and your students. Each chapter introduces the reader to techniques in designing personal and authentic learning experiences using personal stories of other educators and successful students while also moving the reader to self-reflection.



Page 7 of 10 2020-2021

The Teacher's Guide to Student Mental Health, Williams Dikel, MD, W. W. Norton & Company, Inc., 2014, 310 pages

Hard-cover \$32.00

Amazon \$30.87

Schools and teachers play a pivotal role in children's mental health and act as a gateway to possible solutions and services for mental disorders. Lack of knowledge, biases against a medical, diagnostic model of education, and fear of potential financial responsibility inhibit schools from exploring mental health diagnoses of students. This book seeks to educate teachers on the nature of mental health disorders, how they are diagnosed and manifested in the classroom, and how to assess the services the students need in order to thrive.

### **GROUP H – ISSUES**

Depression: The Way Out, Neil Nedley, M.D., Nedley Publishing, 2001, 272 pages

Hard-cover \$39.00 Amazon \$39.00

Depression hides behind the visible surface, silently plaguing much of society. It can develop from several factors, among them being genetic, lifestyle, social, or medical influences. Regardless of the stimuli of depression, it is reversible. Dr. Neil Nedley offers hope to readers by discussing the various causes of depression and presenting accessible solutions and tools that aid readers in recovery.

**Restorative Faith: Christianity for the 21st Century Rationalist**, Alexander Lang, *Independently Published*, 2019, 290 pages

Soft-cover \$12.99 Amazon \$12.99

There is a consistent decline in the Christian faith. Record numbers of Christian Americans are abandoning their childhood religion, as the associated Bible stories go against society's need for logic and reason. Pastor Alex Lang awakens a revival of the 21st century Christian by answering the questions that have always seemed unanswerable.



Page 8 of 10 2020-2021

### **ORDERING BOOKS 2020**

All books should be ordered directly from the publisher or the Adventist Book Center, not from the North American Division Office of Education. Prices also have been given, when available, for purchasing books from Amazon.com. Unlike list prices, those for Amazon.com are subject to change.

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Page 9 of 10 2020-2021

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Page 10 of 10 2020-2021